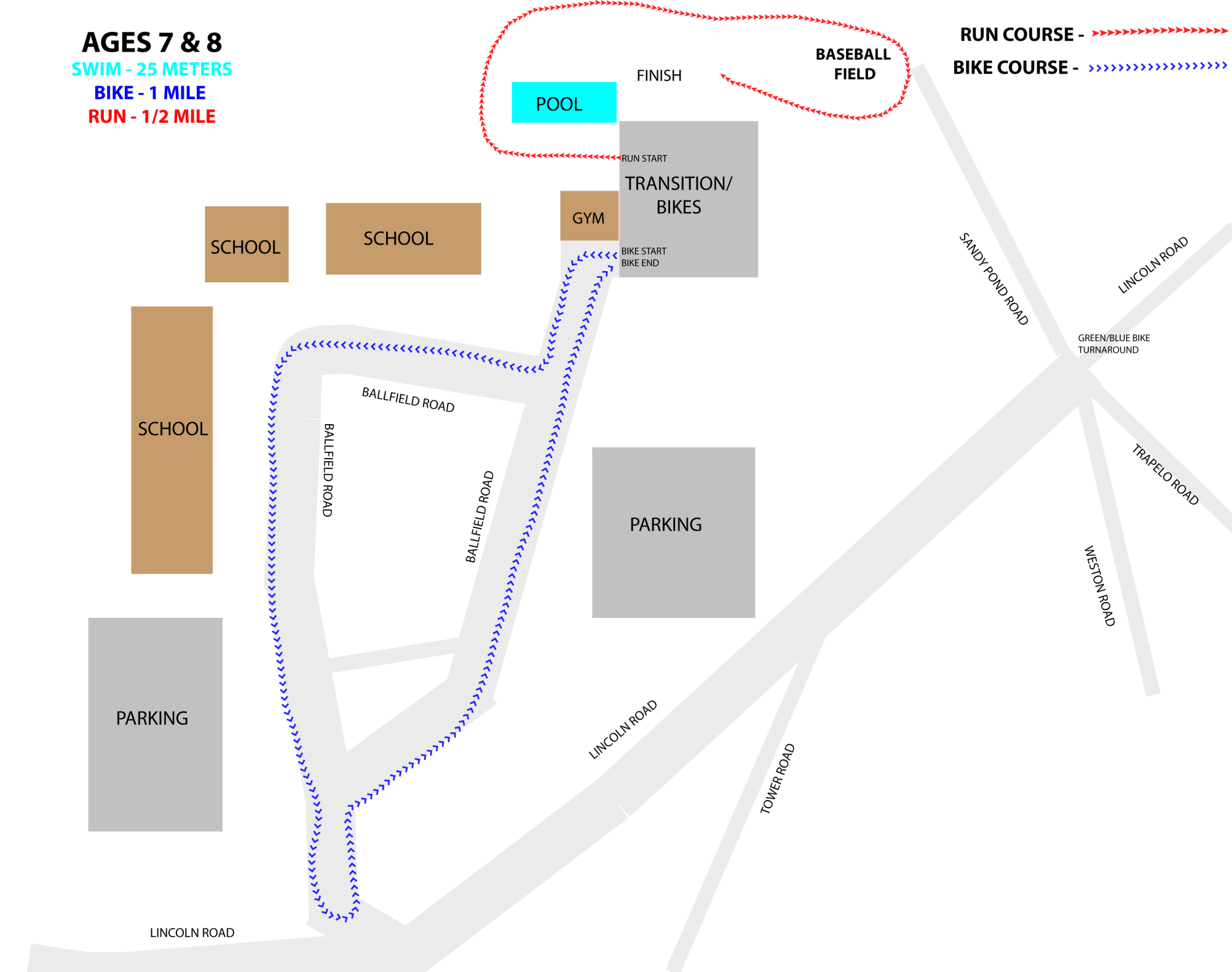
AGES 7 & 8
SWIM - 25 METERS
BIKE - 1 MILE
RUN - 1/2 MILE
RUN COURSE -
BIKE COURSE -
BASEBALL FIELD
FINISH
POOL
RUN START
TRANSITION/ BIKES
GYM
BIKE START
BIKE END
SCHOOL
SCHOOL
SCHOOL
SANDY POND ROAD
LINCOLN ROAD
GREEN/BLUE BIKE TURNAROUND
BALLFIELD ROAD
BALLFIELD ROAD
BALLFIELD ROAD
PARKING
TRAPELO ROAD
WESTON ROAD
PARKING
LINCOLN ROAD
TOWER ROAD
LINCOLN ROAD